**PROSPECT VALE EYFS AND KS1 LONG TERM PLAN – PE**

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

•master basic movements ,including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

•participate in team games, developing simple tactics for attacking and defending

•perform dances using simple movement patterns

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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception | GymnasticsDance | GymnasticsDance | GymnasticsDanceBall skills | Gym/DanceGamesBall skills | GamesAthletics | GamesAthletics |
| Year 1 | GymnasticsDance | GymnasticsDance | GymnasticsDance | GamesThrowing/catchingBall skills | GamesAimingAthletics | GamesHit/kickAthletics |
| Year 2 | GymnasticsDance | GymnasticsDance | GymnasticsDance | GamesTeamAthletics | GamesThrow/catchAthletics | GamesDribble/kick/hitAthletics |

\*Schemes of work – Rawmarsh, Val Sabin, Top dance, beginning athletics etc in PPA room

\*Games equipment in PE cupboards – cricket, lacrosse, football, hockey, rounders, rugby, golf, tennis, badminton, netball – athletics hurdles, javelins etc – sports day equipment.