Spring: Week 10 Mass Activities



Use a coat hanger, some string and some plastic cups to make a balance scale. Tie a cup to each end of the coat hanger using the string and hang the coat hanger on a door handle. Use your balance scale to compare the weight of different toys. Remember the heavier object goes down and the lighter object goes up.

Ask your child to be a human balance scale! Give them two objects and ask them to put one in each hand. Start with objects that have a notice difference in their weight. Which object is heavier and which is lighter? Can they show this with their arms?



Create a mystery bag. Hide an object in a bag. Ask your child if the bag is heavy or light. Discuss what could be inside the bag. Ask your child if big things are always heavy. What about small things are they always light?

Go on a nature walk. Find a rock. Ask the children to find something that is heavier than the rock. Then, ask them to find something that is lighter than their rock.

